

**[ABSTRACT]**

The present invention discloses a method for controlling a washing machine for shortening a washing time period and extending lifetimes of components of the washing machine. For this, the present invention provides a method for controlling a washing machine including the steps of sensing a laundry amount, repeatedly supplying washing water to a tub of the washing machine with reference to the laundry amount sensed thus, and circulating the washing water for a predetermined time period for wetting the laundry, wherein the step of circulating is performed only once.